

The Netherhall Echo



Welcome to the half termly newsletter, bringing you up-to-date information about the School.

May 2017

This newsletter is available in large print and can also be translated into other languages on request.



Dear Parents/Carers

Parent View

As part of Netherhall School's self evaluation process, we very much value working in partnership with parents and carers to help us continually enhance the quality of the education that we provide to our students.

Parent View is an on-line questionnaire and the main source for gathering parents' and carers' views about Netherhall School when it is inspected by OFSTED.

Inspectors weigh the views of parents and carers alongside first-hand evidence gathered during an inspection when coming to a view about the overall effectiveness of the school.

The link to setting up a login to review Netherhall School can be found at: www.parentview.ofsted.gov.uk

Then choose 'Give Your Views' and 'Register Now'

You will be required to enter an e-mail address and a password before completing the questionnaire to ensure the security of the website. If you fill in the questionnaire for Netherhall School more than once using the same email address in the same academic year, your previous entry will be overwritten.

All entries to Parent View are anonymous and the school will not have access to any information that can be used to identify a respondent. If there are parents/carers who hold different views about the school, each person is able to complete the questionnaire but must use a different email address.

Parent View asks parents and carers to give their views on twelve aspects of your child's experience at Netherhall School ranging from the quality of teaching, to how well the school deals with bullying and poor behaviour. You are able to give your views using a four point scale, from strongly agree to strongly disagree.

The results of questionnaires that have been completed are published in real time and are available to Netherhall School, other parents/carers and the general public. At the end of the academic year, the results for Netherhall School will be frozen and a new set of results will begin. This allows us to make comparisons between the results from one year to another.

I would very much appreciate and value the time that you could give to feed back your views about Netherhall School through the completion of the questionnaire on Parent View. If you have any further questions or concerns about the process, please do not hesitate to contact me on 01900 813434.

David Tromans
Headteacher

Parent View Registration

If you are not registered please go to <https://parentview.ofsted.gov.uk/register>

Fill out your details to Register

Give your views

Please register on Parent View

Email address

Confirm email address

Email addresses will be held securely, and will not be used for any purpose other than providing access to the questionnaire. Neither schools or Ofsted will have access to any email addresses. Please read our [Terms of use](#) before registering.

Confirmation emails are generally sent out instantly. If you do not receive the confirmation email please check your 'Spam' folder or 'Junk email' folder to make sure that our message has not been filtered out. If you still haven't received your email after 30 minutes please email websitecontent@ofsted.gov.uk using the email address you tried to register with.

Please answer the questions below.

1: Are you a parent / carer? Yes No

2: How many schools do your children attend?

Check this box if you would like to receive emails from Ofsted

Register now

Once complete the page will show that you need to check your email

A link to complete your registration has been sent to your email address.

Check your email and click on the link provided

Parent View
Your child's school



Thank you for registering at Ofsted Parent View. You may now log in and change your password.

Please log in by clicking on this link or copying and pasting it in your browser:

<https://parentview.ofsted.gov.uk/user/reset/1684117/1488960281/VJiytevS43eBIWTiqAekvfWsls>

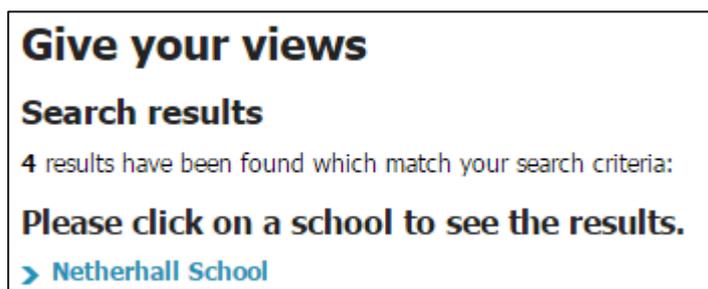
This is a one-time login, so it can be used only once.

-- Ofsted Parent View team

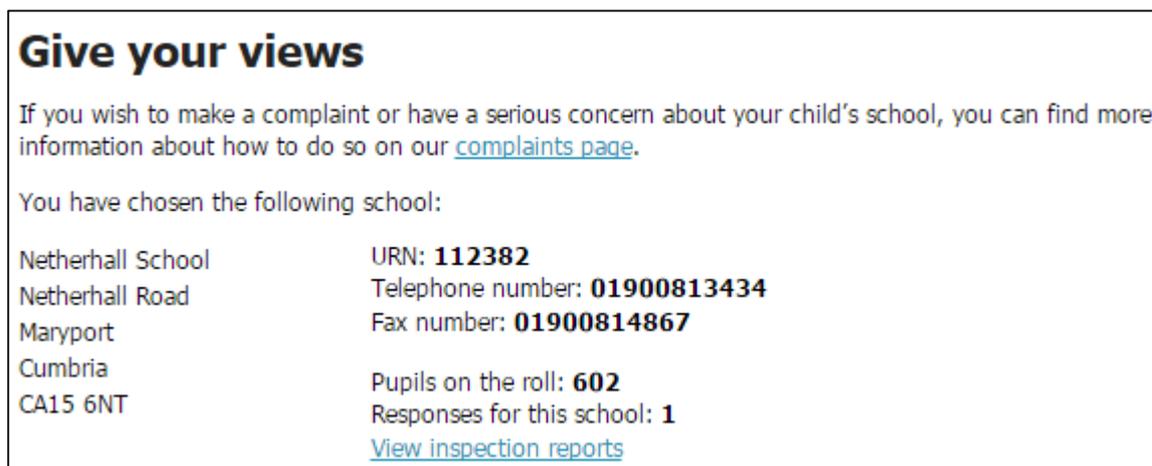
Click on the Give your Views button



Search for the school with the term "netherhall"



After selecting make sure it is Netherhall School, Maryport



Then fill out the Questionnaire

Parent View

The views of parents and guardians are extremely important to me, as I welcome a dialogue with parents and students as to how we can improve and better serve the young people of Maryport. With this in mind, please find below the Parent View for the 2016/17 academic year, at present the school has only 12 responses. I would welcome as many parents as possible to register their Parent View

As you can see, one of the responses is negative, which is a concern to me. I would urge any parent who has a concern or is unhappy to get in contact with me directly and enter into constructive discussion about school improvement.

Key to results

Strongly agree

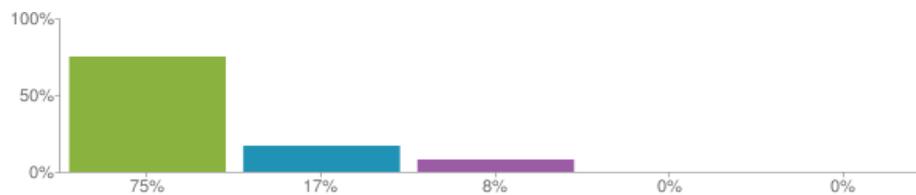
Agree

Disagree

Strongly disagree

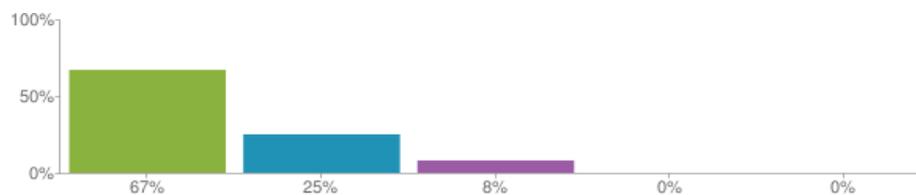
Don't know

1. My child is happy at this school



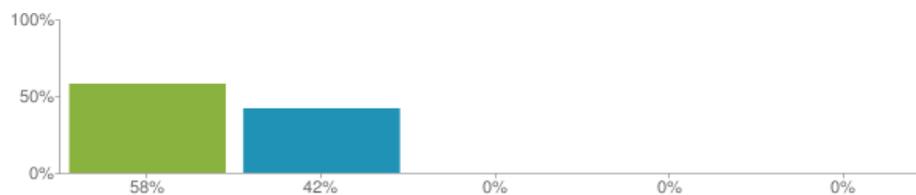
- Figures based on **12** responses up to 10-05-2017

2. My child feels safe at this school



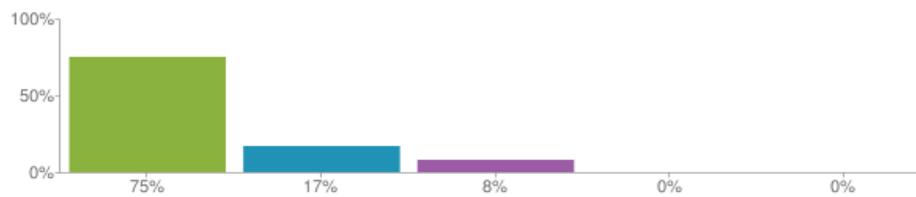
- Figures based on **12** responses up to 10-05-2017

3. My child makes good progress at this school



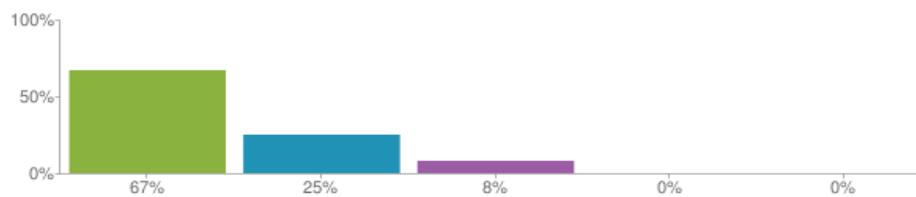
- Figures based on **12** responses up to 10-05-2017

4. My child is well looked after at this school



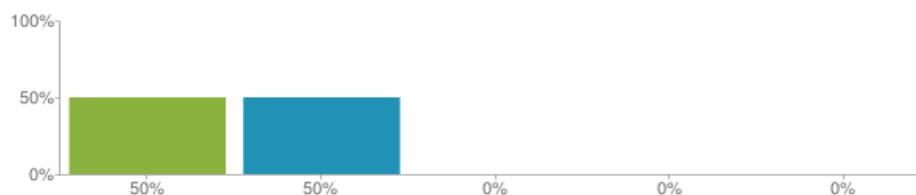
- Figures based on **12** responses up to 10-05-2017

5. My child is taught well at this school



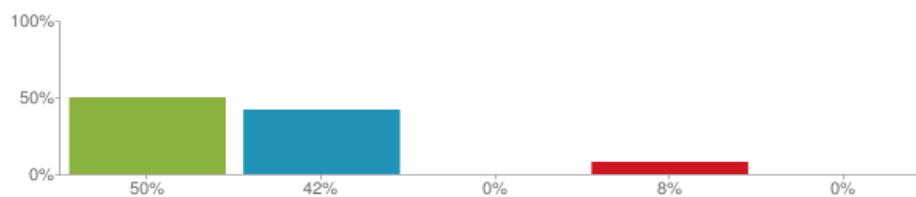
- Figures based on **12** responses up to 10-05-2017

6. My child receives appropriate homework for their age



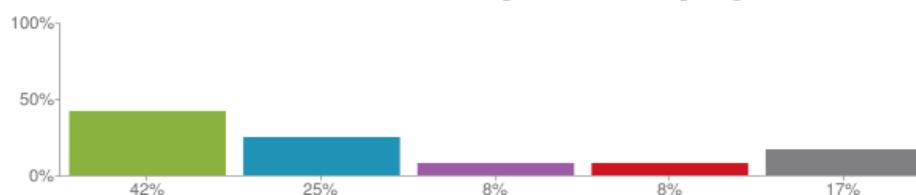
- Figures based on **12** responses up to 10-05-2017

7. This school makes sure its pupils are well behaved



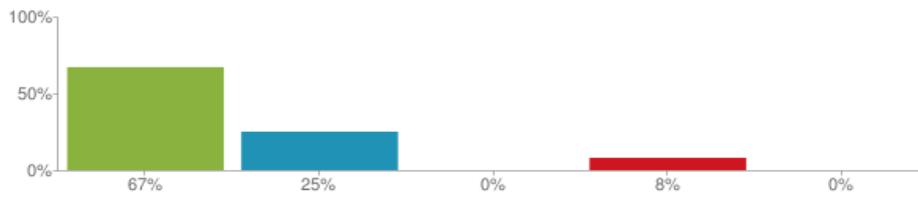
- Figures based on **12** responses up to 10-05-2017

8. This school deals effectively with bullying



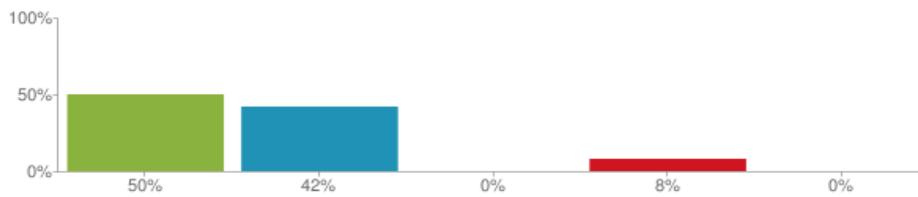
- Figures based on **12** responses up to 10-05-2017

9. This school is well led and managed



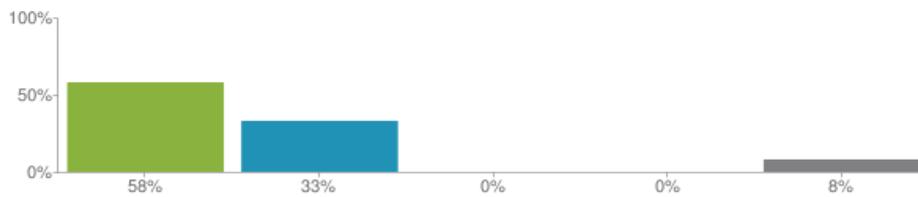
- Figures based on **12** responses up to 10-05-2017

10. This school responds well to any concerns I raise

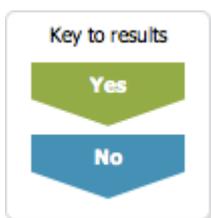


- Figures based on **12** responses up to 10-05-2017

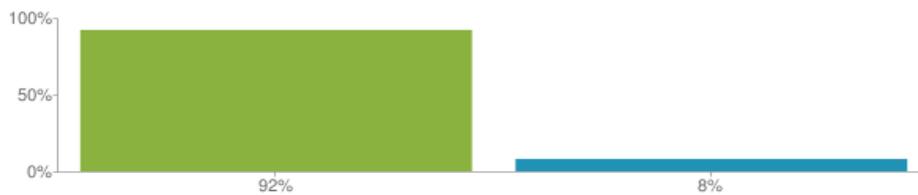
11. I receive valuable information from the school about my child's progress



- Figures based on **12** responses up to 10-05-2017



12. Would you recommend this school to another parent?



- Figures based on **12** responses up to 10-05-2017

Netherhall School Uniform – 2017/18





Managing Medication Procedures - Important information for parents/carers



We recognise that from time to time students may require medication within the school day. However, we do have to adhere to guidelines to ensure the safety of our students. With this in mind, we would like to point out some procedures that we must follow:

- Some students may need to take prescribed medicines during their time in school. This will usually only be for a short time period, e.g. to finish a course of antibiotics. Parents/guardians must come into school and arrange this with reception.
- Children should not be sent to school with their own medicine (prescribed or non-prescribed) as this poses a health and safety risk to other children.
- Staff will not administer non-prescribed medication i.e. paracetamol, unless there are exceptional circumstances and where there is specific prior written permission from a parent/guardian.
- If a child suffers regularly from frequent or acute pain parents should refer the matter to their child's GP.

Parents/guardians have the prime responsibility for their child's health and should provide the school with timely, complete information about their child's medical condition. If your child has a medical condition that we do not know about, please contact the school, your child's Head of Year or Mrs C Savage (Assistant SENCO).

Exam News

The exam season is now underway for 6th form and Year 11. Make sure you use the half term break to your advantage and plan your revision time into your holiday.

This is a great opportunity to meet with friends for a relaxed revision session to help, encourage and support each other through your exam preparation.

Summer External Exams

Currently on going

Mock / Internal Exams

Year 10

Week commencing 12 June 2017 – timetables will be sent home week commencing 22 May. Use the half term break to your advantage by slotting in some revision time.

Year 7

Week commencing 19 June
Timetables will be sent home week commencing 05 June.

Year 12

Week commencing 03 July
Timetables will be sent home week commencing 19 June.

Exam Results Day

6th Form

Thursday 17 August between 08.00 & 11.00 from Netherhall Reception

Year 11

Thursday 24 August between 09.00 & 12.00 from Ellen Theatre

Wishing all our students good luck in their examinations.

School Site Speed Limit

Can we remind parents that the school site speed limit is **5mph**. This is for the safety of students, staff and visitors.



Key Dates to Remember



Half Term

29 May to 2 June 2017
Students return on Monday 5 June 2017

End of Term

Last day of term Thursday 20 July 2017
Students return on Monday 4 September 2017

26 to 29 June – Art and Technology Exhibition
13 July – Awards Day
10 to 13 July – D of E Gold Practice
9 to 16 July – French Trip



Site Security

As you may have already seen, security fences have been installed around the Ellen Yard and will be installed around the McCarron Yard during the next half-term break. This development is to do with safeguarding and promoting punctuality, as in future, the school will have a single point of access and departure – school reception.

The gates will be open and staffed at the beginning and end of the school day. Students will be welcomed into school by staff, in a similar way to what currently occurs at the main school gate at the end of the school day.

The gates will be locked at 8.35am, when school officially starts and opened at 3.00pm – the end of the school day. If a student is late, they should enter the school via the school reception and register as late with the Attendance Officer – Mrs Telford.

At the request of parents, if their son/daughter is late twice or more during a school week, or if there is a pattern of lateness, the school will inform parents/guardians. Hopefully, through good communication and working together, we will be able to address this issue and better support our young people.



I hope this development will give parents peace of mind and help to support students' learning.

If you have any questions or concerns, please contact me at school.

Mr D W Tromans
Headteacher

Chewing Gum

Chewing gum is a blight in many public places, including schools. The school is undergoing a programme of renovation, to improve the school's facilities. In the areas of the school that have been renovated, the students and staff appreciate working in a significantly improved environment, as it demonstrates an investment and commitment to their learning; to quote our students, your sons/daughters, *'It gives us a school to be proud of'*.



It would simply be better if the students didn't bring chewing gum into school. I and my staff will enforce this and we would appreciate your support by not allowing your son/daughters to bring chewing gum into school.

In anticipation of your support, thank you.

Mr D W Tromans
Headteacher

Netherhall School – an Ambitious, Caring Community

The governors, staff and students have, over the last few months, been looking at a new vision statement for the school that clearly tells everyone what is important about our school. This is it:

At Netherhall School, we are ambitious for every **student**, whatever their level of attainment. We want all our students to achieve the best possible academic qualifications to ensure they can follow their chosen futures; we want to challenge all our learners to give 100% effort so they can each achieve their very best. We are ambitious for our **staff and governors**, always striving to provide the best support and training we can to support students.

We believe in caring for the whole person. Learning does not take place in a vacuum and it is essential that our students come to school ready to work and able to enjoy their school experience. We have a very experienced and dedicated pastoral team. Form tutors, heads of year and senior staff are all focussed on helping students through any problems, liaising with parents and working with external agencies when necessary. The enrichment programme is second to none, with every student able to be involved in some form of extra-curricular activity, whatever their interests. There are leadership opportunities throughout the key stages in which our students can develop essential skills, including occasions when our more senior students mentor and help those in other year groups.

We strive to engender a sense of community, where everyone feels valued as an individual and as a part of something bigger. We celebrate together, learn together, support each other, in the community that is our school. We are mindful of the wider school community, our responsibility to Maryport and the surrounding areas, to ensure that we are a school they can be proud of and that is at the heart of the town.

Mr D W Tromans and governing body
Headteacher

A Message from the Governors

I first became involved with Netherhall School when I joined the Parent Communication Group as my son came here in year 7. I have been a Parent Governor for just over a year now and decided to join for a number of reasons. Apart from being young once myself, I had no experience or prior knowledge of secondary school education or what a governing body was or did. However, I was keen to understand the function of the school, how it operated, how decisions were made and wanted to be part of the school my son attended. I did not know then what a steep learning curve it would be.

I sit on the Curriculum and Data Scrutiny committee and my link areas are data and most able students.

Being a governor is something I see as a privilege. The "behind the scenes" work that takes place in school, which as parents we don't always see, is phenomenal; the sheer amount of decision making that takes place on a daily basis to ensure that our young people benefit from excellent teaching and pastoral care never ceases to amaze me.

Over the last twelve months I have seen a big change in attitude and feeling in school. The air is full of positivity, staff morale is high and the "Ship has been Steadied" after the blow of special measures. I feel over the last year huge progress has been made and aspirations are high for our young people to achieve the best possible academic qualifications so they can follow their chosen paths.

I have huge confidence in Mr Tromans and his staff to move Netherhall School forward through their ambition, dedication and enthusiasm in teaching our young people.

Changes have also been happening to the buildings after many years of neglect. Classrooms, corridors and Ellen Theatre have been rejuvenated and look fantastic and even the school gates have been painted and create a great first impression when you come into school. With the introduction of the new uniform in September the whole school is beginning to look smarter and more professional.

I would encourage any parent to get involved with the school whether it is through the Parent Communication Group, events held in school or if a governor opening arises. It is extremely rewarding and no prior knowledge is required! If we as parents are able to invest time and energy in our school there is a very good chance our young people will too.

Joanne Carruthers
Parent Governor

'Bon Voyage' to Ms Noguera

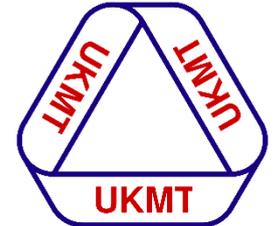
The school wishes all the best to Ms Noguera who is leaving the school after two happy years. Ms Noguera has been struck by Cupid's Arrow from north of the border and is departing to the sunny climes of Aberdeen. The school wishes to thank her for excellent service and wish her well for the future, I suspect it is 'Goodbye' and not 'Au Revoir'.

Bon chance,
Mr D W Tromans



Celebrating the Intermediate and Junior Maths Challenge Success

Over 250,000 students from more than 3000 schools across the country participated in the Intermediate and Junior Mathematical challenge this year. Students had 60 mins to answer 25 varied multiple choice mathematical problems. High scorers are awarded certificates to recognise their success in mathematics. Congratulations go to the following 17 students who represented Netherhall and gained certificates; but also a warm thank you to the 43 others who took part and now have an insight into how they could improve next year, and maybe they can gain a certificate.



Well done everyone!

Intermediate Year 9 and 10

Nathan Agnew	Silver
Liam Parker	Silver
Ewan Ivison	Bronze
Courtney Cannon	Bronze
Tolson Carruthers	Bronze
Casey Sewell	Bronze
Bethany Hay	Bronze

Junior Year 7 and 8

Caitlin Almond	Silver
Jay Wilmot	Silver
Will Cannon	Silver
Rayner Fletcher	Bronze
Alek Werasko	Bronze
Tyler Beales	Bronze
Jake Jackson	Bronze
Tilly Eren	Bronze
Megan Hesketh	Bronze
Robbie Pattinson	Bronze

Keep THINKING!!

Mr Williams
Maths Department

Jack's Journey

Jack's Journey is a Cumbria based charity which supports local families through childhood cancer. They aim to provide financial support to families undergoing treatment for cancer and in future hope to provide a holiday home, away from the worries of home life, free of charge.

Year 11 became aware of Jack's Journey as Mrs McKenzie's daughter is involved with the charity, and Jack's family live locally in Flimby. The girls involved in the presentation were Emily Southwell, Yasmin Dixon and Lauren Gorge along with Headteacher, David Tromans. All these girls are on this year's Prom Committee and have enjoyed organising the fundraising and the prom so far. Paige Holland deserves a special mention for organising the collected money and keeping an excellent record.

The girls said 'We, as a year group, decided to donate £1 from each leavers hoodie purchased towards Jack's Journey. We also ordered mini hoodies for Jack and his sister, Amelia, so they could wear them like us.'

'We are also donating £1 from each of our prom ticket sales to Jack's Journey so we can help even more families. It gives us a sense of pride knowing not only are we helping Jack but also other families to provide a little assistance through a stressful time. We are hoping to raise another £100 from our prom ticket sales.'

Mrs McKenzie added "I am so proud of my year group and the way they have all supported this wonderful cause. Jack and his big sister Amelia will be guests of honour at our prom in July."

Mrs McKenzie
Head of Year 11



6th Form Art Studio

The 6th Form studio has been an amazing addition to the schools art department, giving us the opportunity to have a space separate from lower school where we can plan, complete and keep our A level work. It has everything that we need including our own work space with a table and pin board. This allows us to do our work and leave it and come back to how we left it, which will be especially useful next year. We have been bought a brand new set of drawers where we can keep paper and other materials. We have new low bath sinks with hoses.

We appreciate how lucky we are to be the first 6th Form students to have this luxury and are grateful that we are able to be ourselves in our own environment. It's a lot easier having our own 6th Form room as it helps us gain more ideas for our new personal topic contributing to our A-level course. We have the chance to work down in the 6th Form room and spread ourselves out in our own individual space and get on with our work without being interrupted. We would like to thank everyone involved in creating our 6th Form art studio as well as Mr Tromans for letting it go ahead.



Year 12 Art Students

Netherhall Sixth Form – Hospice at Home charity fundraising

Netherhall Sixth Form are currently participating in a '30 for 30 Challenge' for Hospice At Home. They have given us £30 for their 30th anniversary to raise as much money as possible; we are competing against local companies and Workington Academy. From Monday, 8th to Friday, 10th May, the school participated in a penny bottle challenge and raised an amazing £354.70 in total. This challenge is ongoing until the end of July. We hope everyone helps to contribute to this amazing cause.

You can check the leader board here: <http://hospiceathomewestcumbria.org.uk/teams/>

Events will be held on the following days:

- Monday, 22nd May – Cake sale and lucky dip in Ellen Theatre
- Monday, 12th June- Cake sale in Ellen Theatre
- Wednesday, 28st June- Sponsored swim in the Sports Centre
- Monday, 26th June- Cake sale in Ellen Theatre
- Monday, 10th July- Cake sale in Ellen Theatre
- Late July (TBC) - Non-uniform day

Thank you very much for all your help,

The Netherhall Sixth Form Team

Chloe Steele, Emma Simmons and Melissa Lewis-Gress



Dream Scheme

Liam Chawner was tasked with coming up with a business plan and pitching it to a panel from Cumbria County Council Dreamscheme project. The business plan had to cost no more than £150 to set up and needed to have a beneficial impact on the community. Liam's idea was to run a coffee morning at the school for the local Age UK group. Liam wants to get across the point that just because some of the local youths hang around in groups with hoods up round and about the local community, this doesn't mean that they are bad people. Liam got through the Dragons' Den style pitching process and has been awarded the £150 to get his idea off the ground. He is currently working hard trying to get the morning organised and is hoping to hold it after the May half term.

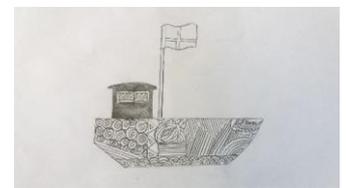
Mr Lee Holliday

Head of Year 7 & 8

Mill Race Lonning Mural



This term pupils from the Netherhall School Art Club and the local primary schools joined together to come up with design ideas for the new mural at Mill Race Lonning. Students have decided on two different designs for each side of the walk way, one focusing on seascape and the other more symbolic of things that represent Maryport, such as the Titanic, Vikings, the Blues Festival and the aquarium. We will be completing the new mural in late June.



Miss Emily Cooper
Technology Department

Sixth Form Update and Summer Schools

It has been another highly productive term in the Sixth Form and I would like to thank the students for their excellent effort and attitude throughout the term.

Year 13 pupils have worked diligently to complete coursework assignments to a very high standard and are now well into the examination season. The dedication shown by the pupils and commitment to the highest standards has left them well placed to achieve a first class set of results this summer.

Year 12 pupils have similarly shown a brilliant attitude in the run in to their examinations and I am particularly pleased to let you know that three of our students have been accepted to summer schools organised by the Sutton Trust. Lewis McDowell will attend the mathematics summer school at Cambridge University, while Matthew Ridley and Kelly Pearce will attend Durham University to study chemistry and biosciences respectively. There were thousands of applicants to attend these prestigious courses and I congratulate them on this notable success. They are an inspiration to their peers and the experience will serve them well as they complete their university applications in the autumn term.

I would like to wish all pupils a productive half term break ahead of the completion of their examinations and would like to thank them all for a job well done this term.



Mr Bailey
Deputy Head/Head of Sixth Form

Lewis McDowell, Kelly Pearce and Matthew Ridley

Resistant Materials GCSE

We are always amazed by the creativity and innovation of our Year 11 Resistant Materials students. This year has been no exception, with students producing exciting and innovative products from a range of woods, metal and plastic. Themes ranged from storage to bird houses and even handbags.

Here are a few examples, but to see all of the work, you're welcome to join us for our annual Art, Design and Technology exhibition on the 26th to 29th June.



Miss Roche
Technology Department

“Young Cumbria Foundation”

Young Cumbria was founded in 1936 and is an organisation that provides guidance, information and development support services to youth clubs/projects/groups based in Cumbria. The work aims to meet gaps in the needs of young people and help support them to find their own solutions within their lives. The foundations project is funded by reaching communities and “Children in Need”.

The programme runs for 15 weeks, offering young people a chance to explore and learn about entrepreneurialism and employment through an art based medium. Incorporating work based experiences and business skills, with the view to supporting young people to future employment.

The Yr9 students who have taken part in this project have loved every single minute of it. They have been to Keswick on a “team building” expedition, attended workshops at the Carnegie Theatre in Workington and produced art work in school weekly... but their most exciting project, which will take place next month, is being able to create a “community theme” on a wall in Senhouse Street, Maryport. The students are overwhelmed by this and can't wait to show off their talent within their local community.

This is what the students had to say:

Azaria: “Young Cumbria has helped me to work alongside others”.

Courtney: “They have built my confidence to communicate with others”.

Mikell: “I have enjoyed engaging with others whom I would normally not hang around with”.

Georgina: “I feel more confident now around my peers”.

Tegan: “It has boost my confidence and improved my art skills”.

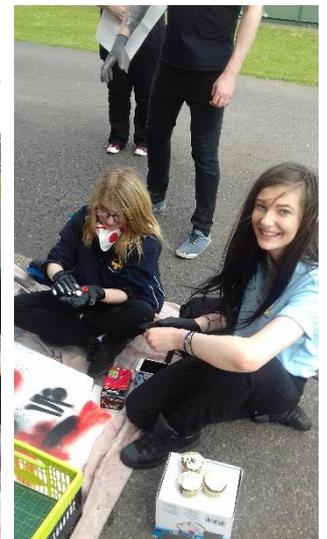
Coddie: “It has helped me to know I can depend on others and not to feel that I need to do it all on my own”.

Liam: “The project has helped me to make choices and take risks. It doesn't matter if I get it wrong because I can always try again”.

Coban: “The project has given me confidence and helped me to work better within a group”.

Leon: “I feel a lot more confident now and have loved every minute of it.”

Ashley: “My confidence has grown so much, I feel privileged to have been part of the Young Cumbria Project”.



I would like to take this opportunity to thank Ian and Rachel of Young Cumbria who have made this a wonderful experience for our students.

Mrs Irving
Head of Year 9

Duke of Edinburgh Award Update



The Bronze group have recently completed their two day practice expedition. What a contrast to last year! This year we saw sunshine compared to last year's snow and sub-zero temperatures. All had a great time, but found it very challenging.

As we find every year this is the hardest thing that our students have ever done, especially as they have to plan for and carry everything they need for two days of travelling.

DofE is a real success story at Netherhall School. Only three years ago I struggled to get 5 students to participate at Bronze level, now I have students participating at all three levels up to Gold and currently have 20 doing Bronze.

Now is the right time for any Year 9 students who are thinking about doing the DofE Award to start talking to either Mr Wassell or myself to find out a little more about the award.

Mr Richard Horton
Duke of Edinburgh Co-ordinator

Orienteering

This term 25 students from Year 7 and 8 are competing in the West Cumbria Orienteering League. They have completed 2 out of the 4 events so far and have shown great determination. The courses are on a variety of terrain from rough grazing land with steep sections to marshy land. The students set off individually, and have to navigate the map to find the control points in order. The students are competing against Cockermouth School and Whitehaven Academy. They have set some fantastic times so far, especially Keenan Musgrave, Billy McCormick and Lucy Scott.



Miss Emily Cooper
Technology Department

Family Adventure Day

The month of May saw a group of students from Netherhall School, and their parents, attend an adventure day at Hawse End Residential Centre near Keswick.

The activities that they participated in ranged from archery and team building in the morning to canoeing and ghyll scrambling in the afternoon. My family and I thoroughly enjoyed the day and especially enjoyed meeting and socialising with parents, which, as a teacher, is something we rarely get to do.

Due to the success of the day I am in the process of arranging a residential trip to Hawse End for the lower end of the school, details to be released at a later date.

Mr Richard Horton
Science Department

Young Enterprise

Congratulations to the Young Enterprise team, "Taste of Home" for representing West Cumbria so brilliantly at the County Final in Carlisle on April 26th.

The company report was excellent and the trade stand looked amazing. The presentation team spoke to an audience of over 100 people - rival teams, business leaders, dignitaries and judges - with confidence and humour - they even managed to hide the shaking knees!

Although they were not chosen to go forward to the next round of the competition, Taste of Home has definitely been a successful company. They have sold nearly 100 copies of their recipe book and arranged for other businesses to sell the book for them too. The company has made a profit and is in the process of returning all the share investments.

Thanks to everyone who supported the team over the year. They rose to the challenge, learning plenty of life and business skills, which will no doubt help them in their futures. Thanks also to David Davidson from the Nuclear Decommissioning Authority for his invaluable support as their business adviser.

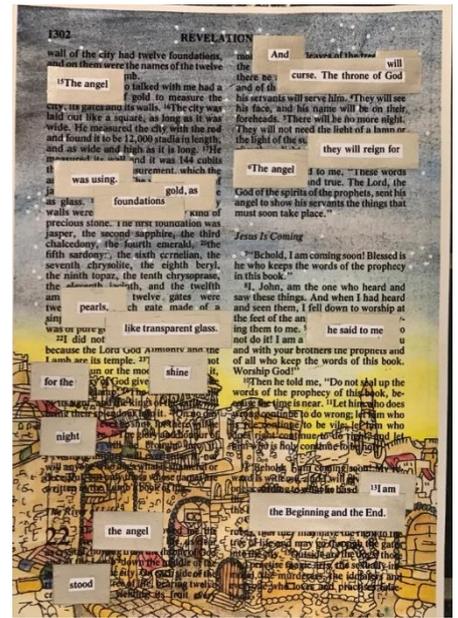
See you all next year!

Miss Carter
Young Enterprise Co-ordinator



GCSE Art and Design

Since January Year 11 students have been busy preparing for their final 10 hour examination in art, based on the theme of 'Beginning and/or End'. As always we have seen some very creative responses to the theme, and all of the students should be very proud of themselves. All GCSE and A-Level work will be on display in our annual exhibition from 26th June.



Mrs Stead
Head of Art and Design



THE SPORT



Rugby at Kingston Park

On the 7th April a group of Year 9 and 10 pupils went to Kingston Park for the day to play in a tournament at the Newcastle Falcons ground. All their games were played on the first team pitch against schools who had received RFU All School funding from the North West. The team won all their 4 matches convincingly, only conceding 1 try in the whole tournament.

After the game the team (and staff) were treated to a burger and chips and given tickets to watch the Falcons Vs Gloucester match that evening, which saw Falcons winning thanks to a penalty right in front of our seats in the last kick of the game.

Well done to all those who took part and played some amazing rugby.



Mr Neil Fulton
Head of PE

Netherhall Go Ride Club

This year has seen the start of Netherhall Go Ride Club. From small beginnings we hope to build a club that will provide fitness and bike training for students at Netherhall School. So far we have run a series of bike skill sessions that have included; how to jump and how to manual (lift the front wheel), speed work and manoeuvring.

Events to look forward to:

- Manchester velodrome and BMX track (June)
- Whinlatter Forest Park Mountain Bike Trails (July)

To take part in these trips all students need to be a member of Netherhall Go Ride Club and are required to attend coaching sessions after school (3pm-4pm) on every Tuesday (term time only).

Mr Richard Horton



Angel Fillingham playing for Manchester United

Good luck to Angel Fillingham who has trials at Manchester United Football Club. Angel completed an application form regarding her football activities and sent it to the Premier League club.

Based on her performances and ability Angel has been offered a chance to try out for the girls' squad at the beginning of June.

Mr Neil Fulton
Head of PE



Football - Allerdale Cup

Congratulations to the Year 8 boys football team who won the Allerdale Cup at Cockermouth at the end of last term. Out of the 4 games that they played in the round robin they beat 3 teams and drew against Keswick to win the title.

Year 9 and 10 boys both played well in their tournament at Workington Academy. Both teams played great football but were unable to hang on to the top spot and both came second in their cup final.

Mr Neil Fulton
Head of PE

Sports Centre NEWS



The up and coming events happening at the Sports Centre during the Holidays.



Trampoline Club

During the Spring term the trampolining club proved very popular with Netherhall students. Such was the demand it was expanded to 2 nights a week.

Due to the popularity of trampolining, Netherhall School recently submitted a successful bid to Sport England for £9000 to purchase two additional trampolines.

The two new trampolines will provide the school & sports centre with the scope to increase the delivery of trampolining and link further with the community & the local primary schools.



Year 8 Tennis

The students are currently competing in the Cumbria Schools Tennis League. They have been practising hard for these fixtures, as some of the players have never played competitively. They have embraced the challenge & are improving with each game.



Year 7 Netball

Congratulations to Fleming who won the Year 7 inter tutor netball tournament. This was played in a round robin format over 3 lunch times, Fleming did not lose a game and they showed a strong overall team performance with both the girls and boys contributing to their success.

A big thank you to the Year 9 & 10 Netball Young Leaders who umpired these games.

Sixth Form

Congratulations to the Year 12 & 13 students who successfully completed the following qualifications:

Pool Lifeguard Level 2 & Emergency First Aid at Work Qualification:

Kelly Pearce	Jay Quayle
Rachel Ford	Lauren Pape
Matthew Ridley	Shane Relph

Emergency First Aid at Work Qualification:

Chloe Wilkinson	Chloe Steele
Melissa Lewis-Gress	Thomas Scott
Emma Simmons	

Badminton Level 1 Coaching Qualification:

Chloe Wilkinson

Sarah Scott
Sports Centre

Sports Leaders Courses

Netherhall now provides the Sports Leaders course both as a Level 1 & 2 qualification. We have twelve Year 12 students currently enrolled on the Level 2 Sports Leaders qualification which they will complete by summer 2017. From September the number of students eligible to take part in these courses will be 120.

Once again thank you to the Sports Leaders who have helped to successfully run the lunch time clubs.

The Sixth Form students were also involved in the primary school x-country which was held in May, Netherhall hosted over 200 primary aged pupils and as always the students were brilliant representatives for Netherhall School.

Netherhall Community Sports Centre

Children's swimming lessons



We now have places available in our
beginners swimming lessons!

ONLY £4 PER SESSION

Children must be 4+ years

For more information, please contact us on

NETHERHALL COMMUNITY SPORTS CENTRE

Multi-Sports and Activities CAMP!

From 10am - 2pm

£10 per child, per day



From the minute your child arrives - to the end of the day, every second of the Multi-sports & Activities Camp is bursting with fun. This camp is designed with every child in mind (from ages 4 - 11) and offers a wide scope of activities - including; tennis, football, trampolining, drawing and much more!



**DON'T FORGET TO BRING YOUR SWIMMING
KIT, A DRINK AND A PACKED LUNCH!**

For more information - please call into
Netherhall Community Sports Centre
or Call: 01900 813434 OPT. No. 3



Tuesday 30th May 2017



Netherhall Pool Timetable: 29th MAY—2nd JUNE 2017

	Morning	Lunchtime	Afternoon	Evening
Monday				
Tuesday	7.10-9.00 Public & Members 9.00-10.00 Aquacise 10.00-11.00 Private Hire			
Wednesday	7.10-9.00 Public & Members			
Thursday		12.15-1.15 Adults Only	1.15-2.15 Aquacise 2.15-3.15 Family Swim	
Friday		11.45-12.45 Adults Only	12.45-1.45 Public & Member	

CLOSED MONDAY 29th MAY 2017.

Please note:- Alterations to the timetable will be kept to a minimum, but management reserve the right to amend the timetable when the need arises. Any non swimmers must be accompanied by an adult.

CLOSED SATURDAYS AND SUNDAYS