

Year 10		Year 11	
Careers/ online safety	Students revisit Unifrog and update their interest quizzes and profiles, continuing to explore career avenues that are of interest to them. There is directed focus on navigating around Unifrog to ensure students are competent in exploring the database. Online safety	Careers/ online safety	Students revisit Unifrog and update their interest quizzes and profiles, continuing to explore career avenues that are of interest to them. There is directed focus on navigating around Unifrog to ensure students are competent in exploring the database. Online safety
Mental health and wellbeing Covered in September	<ul style="list-style-type: none"> Managing tough times: change, grief, and bereavement. Students will explore the different stages of grief and ways we can support people who are grieving and why particular activities may help. Suicide. Students will be exploring the warning signs of suicide and how we can support those with depression. Students will also be able to explain why people commit suicide and why people find it difficult to communicate their thoughts and feelings with others. Managing social anxiety. Students will consider what causes people to have social anxiety and explore the different treatments available for people with social anxiety. Students will also explore the physical symptoms of the condition. Social media and self-esteem. Students will be able to understand the effects that social media can have on self-esteem. Students will also explore imposter syndrome and how people can get addicted to social media. Students will also consider why people feel they have to create online 'brands' of themselves. Screen time. Students will be able to identify the consequences of too much screen time and the ways this can impact mental health and affect the brain. Students will also consider if screen time can be positive if used in moderation. 	Health and wellbeing	<ul style="list-style-type: none"> Why is guidance important? Students will consider why guidance is important as a subject and explore what they can learn in this subject that will help them in the wider world. Identity and diversity. Students will consider the different aspects of their life that make up their own unique identity and why having our own identities is important. Students will also explore why it is important to celebrate diversity and the consequences of not celebrative diversity. How does privilege affect us? Students will be able to correctly define the term privilege and how this affects the lives of everyone. Students will also explore the different levels of privilege and explain what they think needs to happen to redress the inequalities in society. Obesity and body positivity. Students will consider the reasons why some people believe body positivity is always a good thing and why others think it may be problematic. Students will also explore how the body positivity debate relates to issues of physical and mental health. Fertility and reproductive health (over 2 lessons). Students will explore factors that can lead to reduce fertility in both males and females and how we can look after our reproductive health. Students will also look at the science behind reproductive health.
Tier 2/ Tier 3 vocabulary	Bereavement, grief, suicide, depression, social anxiety, online persona, brand, self-esteem, screen time, electronic screen syndrome, melatonin.	Tier 2/ Tier 3 vocabulary	Health, wellbeing, sex education, identity, diversity, privilege, body positivity, obesity, self- esteem, STI, Reproductive system, Menstruation, sperm, menopause.
Homework	Forms quizzes Exploring Unifrog	Homework	Forms quizzes Exploring Unifrog
Cross curricular links	Science	Cross curricular links	Science Health and social care Religious education Food technology Physical education
Career opportunities Employment Links	Councillors Mental health nurse Bereavement support	Career opportunities and employment links	Midwife Nurse Dietician Sports coach

Revision techniques	<p>life employment scenarios and question the law and how useful it is for employers and employees.</p> <ul style="list-style-type: none"> International women's day. Students will consider the importance of international women's day and present a balanced argument about the need for international women's day. Students will also consider what could be done to eradicate gender prejudice. How we learn, demystifying revision, how to take notes effectively, the best learning environments for study. The different strategies of taking notes, building on notes- self quizzing, brain dumps and flashcards. 	Revision techniques	<ul style="list-style-type: none"> Relationship breakups. Students will look at the emotions that come with a relationship breakdown and how they can support their friends or themselves after a breakup. Students will also look at ways they can distract themselves or friends from grief and manage emotions. Happiness and positivity. Students will look at the way we can improve our own and others moods. Students will also consider how certain activities can help improve our moods and make us feel more positive and the short- and long-term benefits of this. Mindfulness- how to maintain positive mental health
Tier 2/ Tier 3 vocabulary	Career, Job, vocation, curriculum vitae, STEM, foundation subjects, engineering, work experience, employee, employer, rights, responsibilities, sexual discrimination, gender prejudice, misogyny and male chauvinism.	Tier 2/ Tier 3 vocabulary	Body shaming, body image, asexuality, monogamy, traditional relationship, consent, rape, sexual assault, sexual harassment, masturbation, orgasm, chem sex, grief, amicable break-up, positivity.
Homework	Forms quizzes Exploring Unifrog	Homework	Forms quizzes Exploring Unifrog
Cross curricular links	Science Technology Maths	Cross curricular links	Science Health and social (Builds upon year 8 topics on consent and safe sex)
Career opportunities Employment Links	Careers in STEM (Science, Technology, Engineering, and Mathematics) Choosing a career that correct for them.	career opportunities employment links	Police officer Bereavement support Charity worker Sexual health nurse
Living in the wider world	<ul style="list-style-type: none"> The criminal justice system. Students will be able to demonstrate an understanding of the several different organisations that make up the criminal justice system. Students will also explore the different roles of the different organisations. Anti-social behaviour. Students will be able to identify different types of antisocial behaviour and the common long- and short-term consequences for the victim and perpetrator. Students will also explore the legal ramifications for teens who commit antisocial behaviour. County lines. Students will identify how criminals exploit young people, how county lines work and where you can get help if they think someone is involved. Students will also look at a range of case studies and identify how young people are groomed by gangs to get involved in county lines. Money laundering. Students will be able to identify different types of money laundering and how and why criminals launder money and how easily victims can become money mules. Students will also be able to explain how to stay out of danger and how to avoid the consequences of being a money mule. Terrorism and holy war. Students will explore the difference between moderate and extreme religious beliefs and Islamic and Christian attitudes to terrorism and holy war. Students will also consider the teaching of the Qur'an and Bible and apply these to terrorism and holy war. Overt and covert racism. Students will be able to identify examples of racism and explain why racism is wrong. Students will also look at a range of case studies and identify if a person is being racist or not. Fake news and critical thinking. Students will be able to identify the difference between real and fake news. Consider why people spread fake news and if it should be an illegal offence to do so. 	Living in the wider world	<ul style="list-style-type: none"> Animal rights and sustainability. Students will look at arguments for animal rights and whether we should minimise our consumption of meat and why some people believe this. Students will use what they learn to come up with their own argument either for or against this giving justified reasons. Pollution, plastics, and the environment. Students will look at the problems with plastic pollution and consider the negative consequences of this. Students will also explore why pollution is on the rise if individual actions can help and why plastic as a material is so problematic. Globalisation. Students will identify different forms of globalisation and the negative and positive aspects of economic, cultural, and political globalisation. Students will also explore if globalisation is now unstoppable and overall whether it is positive or negative for world development. Multiculturalism (British values). Students will consider their own opinions about multiculturalism. Students will also explore different British values and explain both arguments for and against multiculturalism and consider why some people view multiculturalism as a failed event. Right-wing extremism. Students will explore the meaning of right-wing extremism and who the different right-wing groups are and what they stand for. Students will also look at why some people believe right-wing extremism is on the rise in both the US and UK and whether extremism in all forms is dangerous. Internet safety, the dark web. Students will identify the dangers of accessing, browsing and purchasing things from the dark web. Students will also look at the difference between the dark web and the visible web and how had criminal activity is to detect online. Students will explore the legal ramifications and consequences of the illegal web. Cyber and online fraud. Students will look at the different types of cybercrime and scams and how they can identify phishing. Students will also explore what different kinds of scams look like and what techniques are used to hook people into phishing and other online scams.

Tier 2/ Tier 3 vocabulary	Criminal justice system, anti-social behaviour, legal ramifications, county lines, trap house, money laundering, tax evasion, money mule, Holy war, extremism, racism, overt, covert, critical thinking, trolls.	Tier 2/ Tier 3 vocabulary	Animal rights, sustainability, vegan, pollution, waste minimisation, biodegradable, economic globalisation, cultural globalisation, political globalisation, multiculturalism, right wing, extremism, nationalism, dark web, visible web, Tor, phishing, fraud, cybercrime.
Homework	Forms quizzes Exploring Unifrog	Homework	Forms quizzes Exploring Unifrog
Cross curricular links	RE	Cross curricular links	Geography Computer science ICT
Career opportunities Employment Links	Police officer Youth crime officer Children's Social worker	Career opportunities Employment Links	Animal rights activist Vets Nature conservationist National trust workers Web security Cyber security
Relationships part 1	<ul style="list-style-type: none"> Conflict management. Students will explore ways to resolve and manage conflict along and why some methods of conflict management work better than others. Forced and arranged marriage. Students will identify cases of both forced and arranged marriage and explain the differences between these. Students will also explore where people can source help in these situations. Harassment and stalking. Students will explore the meanings of stalking and harassment and the consequence if people do not take these things seriously. Students will also explore how victims are targeted and the different types of abuse they may suffer. Students will consider why some people don't talk about stalking and harassment seriously. Sexual harassment and sexual assault. Revenge porn. Students will identify what to do to prevent revenge porn and what to do if they are a victim of revenge porn. Students will also explore the long- and short-term consequences of revenge porn for perpetrators and victims. Relationships with role models. Students will identify what makes someone a positive or negative role model and explore the issues young people face when idolising poor role models. Students will also consider the links between role models and self-esteem and why we see more negative than positive role models in the media. 	Living in the wider world 2	<ul style="list-style-type: none"> GCSE revision and study skills. Students will focus on how to revise for different subjects and different methods of revision. Students will also explore why preparation is important and create a revision plan. Applying for college or university. Students will explore what they need to be aware of before applying for future education and explain what factor they believe is most important. Students will also explore if going to university is worthwhile as an investment for their future. Independent living. Students will consider the advantages and disadvantages of independent living and what issues a young person may face. Students will also explore the best ways to prepare for adult life and explain how a person can be self-sufficient. Preparing for interviews. Students will explore good ways to prepare for interviews and what applicants could do to improve their chances of securing employment. Health and safety at work. Students will explore a variety of different health and safety hazards that can arise at work and how employers must negate these. Students will also consider why workplaces have to abide by Health and Safety procedures and possible consequences if they do not. Trade unions. Students will explore the term trade unions and how they help employees. Students will use case studies to identify times trade unions could provide help and consider why trade union membership is increasing.
		Revision techniques	<ul style="list-style-type: none"> The benefits of independent revision and how to prepare and tackle this.
Tier 2/ Tier 3 vocabulary	Conflict, resolution, conflict management, arrange marriage, forced marriage, family honour, domestic violence, stalking, harassment, revenge porn, takedown policy, role model, idolise, self esteem	Tier 2/ Tier 3 vocabulary	Consolidation, application, UCAS, Personal statement, tuition fees, student loans, financially capable, law abiding, self-sufficient, job interview, health and safety at work Act, Risk assessment, Health and Safety policy, Trade unions.
Homework	Forms quizzes Exploring Unifrog	Homework	Forms quizzes Exploring Unifrog
Cross curricular links	Religious education	Cross curricular links	Business All GCSE subjects (revision) Interview preparation and applying for further education.
Career opportunities Employment Links	Lawyer Police officer Charity worker Relationships/ family worker	Career opportunities Employment Links	Entrepreneur Further education Health and safety officer
Relationships and diversity	<ul style="list-style-type: none"> Same sex relationships. Students will explore the meaning of LGBTQAI+ and the history of the community. Students will also consider the challenges people in same sex relationships may face and if it is still important to fight for the rights of the community. 		

	<ul style="list-style-type: none"> • Gender and trans identity. Students will explore what it means to be trans and why trans visibility is important in the 21st century. Students will also explore why it is important not to misgender people and explain ways we can be more inclusive in society. • Community cohesion. Students will explore how a diverse community can improve society and what would be the positive and negatives consequences of poor community cohesion. • Sexism. Students will explore gender stereotyping and reasons why some things are considered more masculine and feminine. Students will also consider why some people have gender prejudice and identify the main issues women face in the UK today. • Parenting. Students will consider the challenges of being a new parent. Students will also explore in detail the different styles of parenting and the correct way to bathe a baby. 		
Tier 2/ Tier 3 vocabulary	Homosexual, heterosexual, homophobia, LGBTQAI+, trans, transitioning, gender, sex, community cohesion, economic migration, political migration, gender prejudice, parenting styles, parental leave.		
Homework	Forms quizzes Exploring unifrog		
Cross curricular links	Childcare Health and social Science		
Career opportunities Employment Links	Nursery nurse Nanny Childcare Politics		